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Basic Device & Account Security

- Set up strong, unique passwords for each family member
- Enable Two-Factor Authentication (2FA) on important accounts
- Keep devices updated with the latest software and security patches

Online Behavior & Communication

- Talk regularly about what everyone is doing online
- Teach kids and teens not to share personal info
- Encourage open conversation without judgment

Social Media & App Safety

- Review privacy settings on all social media accounts
- Limit sharing of personal details (birthdays, locations, etc.)
- Use child-friendly versions of apps when appropriate

Tools & Monitoring (With Consent)

- Use parental control tools (Google Family Link, Qustodio, etc.)
- Monitor device usage with mutual understanding
- Set screen time limits and schedules

Content & Information Awareness

- Teach how to spot fake news, scams, and phishing messages
- Only download apps/files from trusted sources
- Encourage critical thinking before clicking

Emergency Awareness



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- Teach how to block/report suspicious users or content
- Know where to report cybercrimes or online abuse
- Watch for emotional or behavioral changes due to online issues

Pro Tip

Make online safety a regular, positive conversation - not a one-time lecture.